

North Central WV Community  
Action  
Head Start/Early Head Start

Annual Report 2018-2019



Please accept on behalf of the North Central Community Action Association, Inc. (NCWVCAA) Grantee for Head Start and Early Head Start and its Head Start Delegate, Monongalia County Board of Education, the release of the PY53 Head Start/Early Head Start Annual Report for the period July 1, 2018-June 30, 2019.

The Grantee provides Early Head Start Center and Home-Based services to prenatal families and families with children ages birth to three, who are income eligible. Early Head Start was initiated in response to the changing needs of families and research indicating the critical importance of the early years to a child's healthy growth and development. The Early Head Start Program provides and supports comprehensive activities designed to foster this healthy growth and development.

Both the Grantee and the Delegate Head Start Programs promote school readiness by enhancing the social and cognitive development of preschool children three to five years of age in income eligible families. NCWVCAA Head Start/Early Head Start Program has emerged as leaders in collaboration with County Boards of Education in the implementation of Universal Pre-K. Offering preschool children, the opportunity to receive education in schools in their home attendance areas is one of the major goals of Universal Pre-K. Through partnerships, children and families can receive support services such as health, nutrition, and social services. This system enhances parent involvement in their children's learning and helps them in making progress toward their educational, literacy, and employment goals.

Respectfully Submitted,

Kim Martin

Children Services Director

Head Start/Early Head Start

NCWVCAA



**NCWVCAA HEAD START/EARLY HEAD START  
ANNUAL REPORT FOR 2018-2019 (PY53)**

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# Enrollment

**North Central West Virginia Community Action Association Inc. (NCWVCAA) Head Start/Early Head Start** serves Barbour, Marion, Pocahontas, Preston, Randolph, Taylor, Tucker, and Webster Counties. NCWVCAA is the Grantee for one Delegate serving Monongalia County. The Grantee is funded to serve 593 Head Start Children and 76 Early Head Start Children while the Delegate is funded for 181 Head Start Enrollees.

## Mission

NCWVCAA Head Start/Early Head Start offers early childhood education opportunities and comprehensive services through collaborative partnerships that support children, families, and staff in our communities to meet the challenges of today and changes of tomorrow.

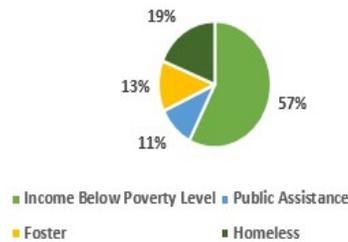


**Head Start**  
663 Children  
624 Families Served

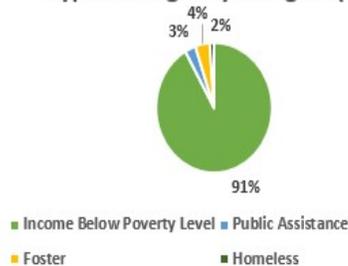
**Delegate (HS)**  
182 Children  
197 Families Served

**Early Head Start**  
97 Families  
125 Children  
15 Pregnant Women

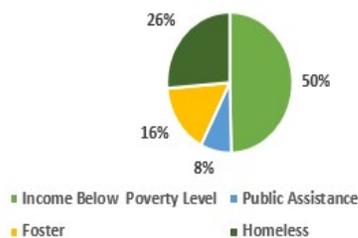
Types of Eligibility Head Start



Types of Eligibility Delegate (HS)

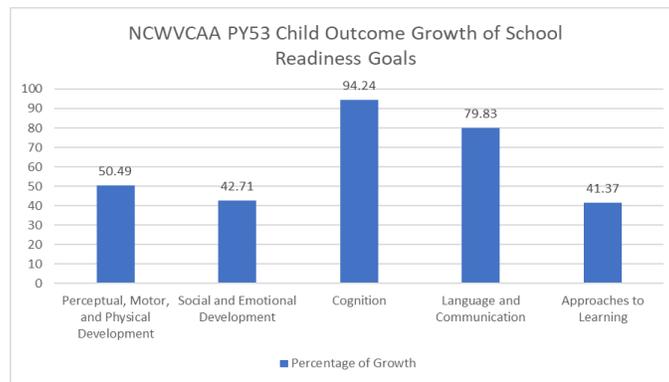


Types of Eligibility Early Head Start



# School Readiness Goals

<p><b>Perceptual Motor &amp; Physical Development</b></p>	<p><b>Social &amp; Emotional Development</b></p>	<p><b>Cognition</b></p>	<p><b>Language &amp; Communication</b></p>	<p><b>Approaches to Learning</b></p>
<p>Children will demonstrate control and strength of small and large muscles through healthy nutrition and safe habits to encourage overall well-being</p>	<p>Children will display self-regulation and health attachments through nurturing relationships and safe environments</p>	<p>Children will build on math and science skills in all environments to enhance reasoning and problem solving capabilities</p>	<p>Children will be provided literacy opportunities to enhance verbal and non-verbal communication skills</p>	<p>Children will show interest in working with materials, activities, and information independently and cooperatively with peers</p>

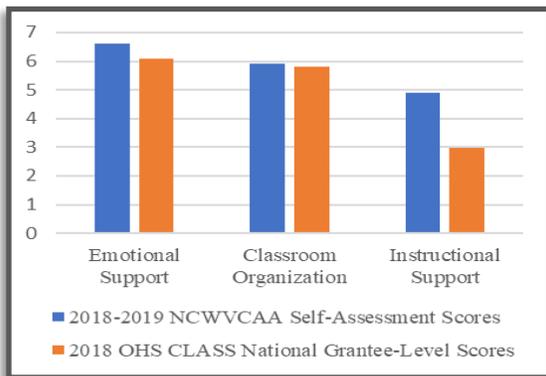


**Transitions to Kindergarten**

Bump Up Day – Preschool children participate in a typical Kindergarten school day.

Teacher Swap - The Kindergarten teachers share a literacy experience.

Kindergarten Transition Meeting – The Kindergarten and PreK teachers share information.



Domains	2018-2019 NCWVCAA Self-Assessment Scores	2018 OHS CLASS National Grantee-Level Scores
Emotional Support	6.61	6.08
Classroom Organization	5.92	5.80
Instructional Support	4.90	2.96



# Family & Community Engagement

The Family and Community Engagement Framework continues to serve as a road map for engaging children, families, and the community into the Head Start and Early Head Start programs. Staff provide training information and resources on topics including child development, budget/financial literacy, positive parenting skills, developmentally appropriate activities for children, dental care, nutrition/healthy eating, and mental health topics such as stress management. Families participate in activities that encourage strong family attachment such as family-style meals, family game nights, literacy activities, gardening and nutrition, children's art galleries, bowling, roller skating, painting pottery, and arts and crafts, etc. Father/male role models are encouraged to engage in special activities during Parent Engagement Events such as crafts and family fun nights with fathers/male role models planning and volunteering at the event.

- A minimum of 2 Parent Committee meetings were held by classroom, center, or county.
- Elections were held for leadership positions including Parent Committee, Policy Council, Advisory and Leadership Teams.
- Parent Committee members made recommendations and assisted staff with the planning of Parent Engagement Events, Parent/Child Activity Monies expenditures, and other program activities and services.

Parent Committees



- Membership continued to be comprised of a majority of current Head Start and Early Head Start parents in addition to Non-ACF enrolled families who were part of the NCWVCAA HS/Board of Education Collaborative Partnerships as well as community stakeholders.
- Members continued to be actively engaged in all aspects of the program including but not limited to the review and approval of monthly financial statements, program information summaries, attendance and enrollment, the annual Self-Assessment, the Strategic Plan and the Community Needs Assessment.

Policy Council



- Education, Health, and Family and Community Engagement Advisories met a minimum of two times.
- Advisory members assisted Program Specialists with service area data analysis and the development of Policies and Procedures.
- The School Readiness Leadership Team and Early Childhood Positive Behavior Implementation Support Leadership Team also continued to meet during the school year.

Advisories and Leadership Teams



**Fathers/Male Involvement**  
 266 Head Start  
 38 Early Head Start  
 84 Delegate (HS)

**Total Volunteers**  
 595 Head Start  
 40 Early Head Start  
 84 Delegate (HS)



# Delegate Family & Community Engagement

The program takes a multifaceted approach to family and community engagement including hosting parent engagement events, conducting monthly Parent Policy Committee Meetings, providing parent trainings based upon parent interests, facilitating fatherhood events, and participating in community events. The program offered multiple family engagement activities that encourage strong family attachment during the program year. The program hosted events as well as collaborated with community agencies to offer activities specific to fathers as well as the complete family experience. Such activities included a multi-cultural fair, celebrating National Nutrition Month at the Spark! Museum, Born Learning Events, Might Moms Night, and a WVU baseball game at Black Bears Stadium.



## Parent Policy Committee

- Monthly Meetings were conducted
- Trainings were provided based upon parent interest
- Membership was made up of current parent from each center



## Fatherhood Events

- Events provide an opportunity for male involvement
- Encourage fathers to become actively engaged in their child's education
- Activities included: WVU baseball game at Black Bears Stadium and Fatherhood and Firetrucks event



## Family Engagement Events

- Engagement in activities that encourage a strong family attachment
- Events included: Dr. Seuss Nights, International Fair, Mighty Moms Night, celebrating National Nutrition Month at the Spark! Museum



## Parent Trainings

- Training topics were determined by surveying parent interests
- Trainings included: Financial Literacy, Nutrition, Child Development, Social-Emotional Development, Literacy

# Delegate School Readiness Goals

## Approaches to Learning

- **The child will interact cooperatively with adults and other children.**

## Social and Emotional Development

- **The child will attempt to follow social problem-solving processes to resolve conflict independently.**

## Cognition

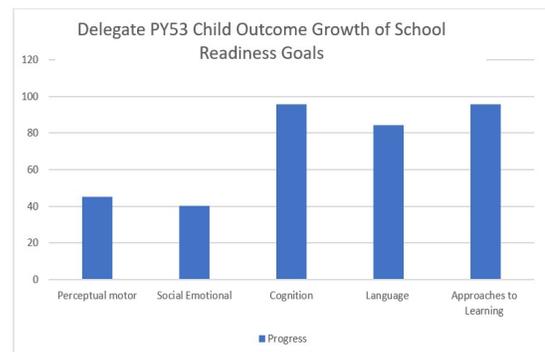
- **The child will use senses and a variety of tools to gather information, investigate materials, and observe relationships.**

## Language and Communication

- **The child will demonstrate an awareness that language can be broken into words, syllables, and smaller pieces of sound.**

## Fine Motor Skills

- **The child will demonstrate fine muscle coordination.**



# Health & Wellness



## Medical Exams

92.8% EHS up to date on EPSDT

88.4% HS children up to date on EPSDT

87.3% Delegate (HS) up to date on



## Dental Exams

82.1% HS completed dental exams

55.8% Delegate (HS) completed dental exams



31 HS/EHS classrooms and 33 Delegate (HS) classrooms practice family style meals

13 HS/EHS classrooms participate in WV Child and Adult Care Food Program



Choose Healthy Options Often & Start Young.



The HS program has implemented IMIL (I am Moving, I am Learning) and Choosy into each classroom. Choosy stands for Choose Healthy Options Often & Start Young. The Move and Learn System is an innovative approach to enhance overall curriculum by using music as a teaching tool and lyrics as a literacy resource for promoting physical activity, healthy nutrition and oral health.

479 children at a healthy weight

119 Delegate (HS) children at healthy weight



North Central Head Start/Early Head Start maintains 40 playgrounds with Zero injuries reported due to surfacing or equipment hazards.



# Mental Health

Mental Health Staff include a Licensed Independent Clinical Social Worker, who works in consultation with a Licensed Psychologist. Mental Health support includes consultation with families and staff to address mental health concerns and identify possible resources, utilize Triple P curriculum with families, link and refer families to community resources, provide observations in the classrooms and at socializations, develop Action, Behavior Support, and Classroom Plans to be implemented in the classroom, provide a regular schedule of on-site mental health consultation, and support staff wellness.

34 Head Start Children received support from MH Program

6 EHS Children received support from MH Program Specialist

36 Delegate (HS) Children received support from MH Program



Head Start Referrals to MH Program Specialist  
163

Early Head Start Referrals to MH Program Specialist  
22

Adult/Sibling Referrals to MH Program Specialist  
7

## Additional Mental Health Support

BX support Plans: 12

Classroom Plans: 6

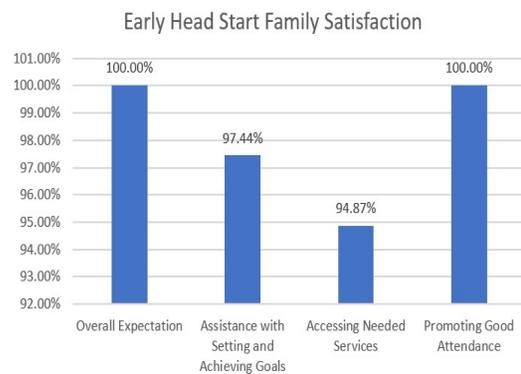
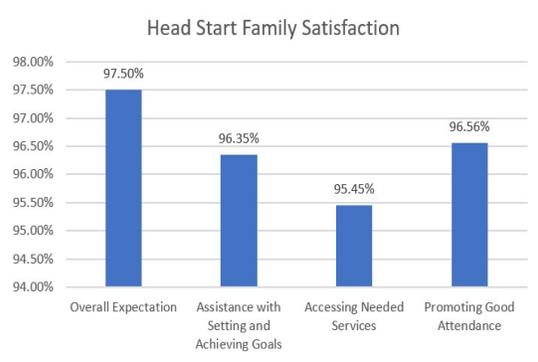
Action Plans: 5



# Policy Council



Left to Right: Mary Yost, Parliamentarian; Jackie Mahaney, Secretary; James Danesh, Vice Chairperson; Kayla Stemple, Chairperson



## NCWCAA Head Start/Early Head Start Executive Team

**Vicki Geary, NCWCAA Executive Director**

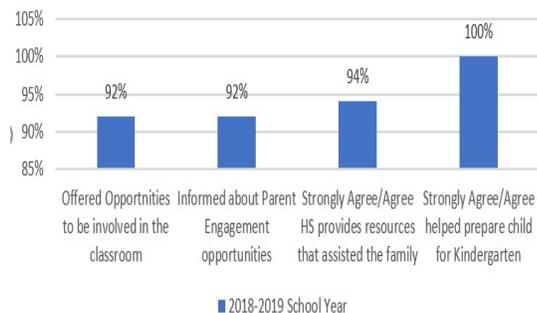
**Patricia McFarland, Finance Director**

**Kim Hilling, Human Resource Director**

**Kim Martin, HS/EHS Children Services Director**

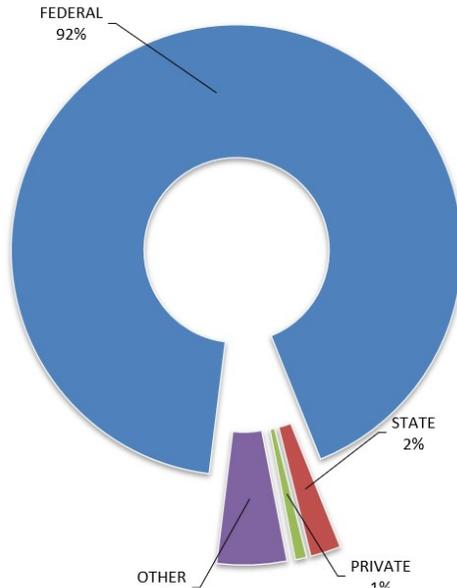
**Debbie Jones, Monongalia County Head Start Director**

### Delegate Head Start Family Satisfaction Survey



# Funding

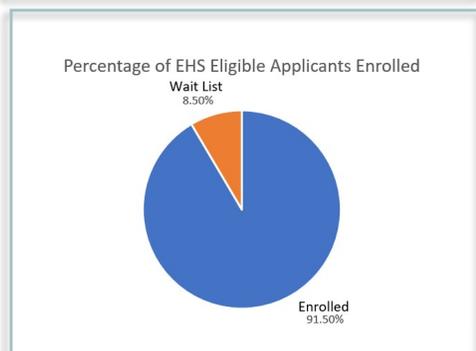
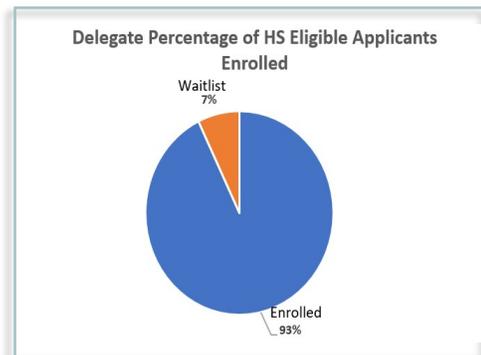
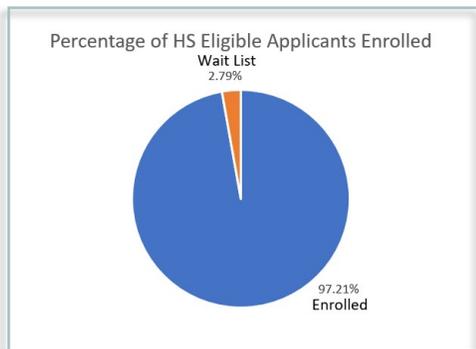
## North Central WV Community Action Agency, Inc. Budgeted Funds for 2019-2020



The total expected federal funds are approximately \$10.5 million from the Department of Health & Human Services, Federal Emergency Management Agency, Housing & Urban Development, Department of Veterans Affairs, and as a pass-through the WV Governor's Office of Economic Opportunity and the WV Housing Development Fund.

The expected State Dollars to be received are approximately \$251 thousand, primarily from the WV Department of Health and Human Resources.

The Private and Other funds will amount to approximately \$670 thousand and will primarily come from program income, private donors, low income housing rental income and the United Way Agencies in our service areas.



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## SUCCESS STORIES

***Submitted by Mike Taylor, Family Resource Coordinator – Marion County***

Adalynn is a three year old student at Edgemont Head Start. Adalynn began the program with an IEP for developmental delays. Through the support of the teaching team, Adalynn excelled with the goals outlined in her IEP to point she had met almost all of them. Her skills also grew to the point that she followed rules with no melt downs and transitioned from home with no tears. Her goals in her new IEP contains higher level goals to increase her school readiness skills.

***Submitted by Kayla Mayle, Family Educator - Early Head Start – Taylor County***

***From the Family***

“I love Early Head Start and all of the other early intervention programs like them, because the key to success is literally at your fingertips. Anyone who participates in this program can be successful, they just have run with the information and put forth the effort. Early Head Start gave me a worker who believed in me every step of the way, and I swear, that is the only other thing I needed. It felt good to have someone listen to me, talk to me, and cheer me on.”

***From the Family Educator-Kayla Mayle***

JoAnn was a single mother of two when she entered our program. Due to her son’s unforeseen medical issues, she was unable to work in the first two years of his life. Through hard work, perseverance, support, and resources, JoAnn was able to obtain a vehicle through the Good News Garage, access assistance to secure an apartment sized washer and dryer for her home, and best of all, she enrolled in and graduated from the Women’s Step Up Program, from which she gained full time employment-all in PY53! She also maintained good attendance at our home visits, as well as Parent Participation Events and held the Taylor County EHS role on Health Advisory. JoAnn is a true success-always working hard to give her family a Head Start.



## SUCCESS STORIES

*Submitted by Pam Nolan, Family Resource Coordinator - Rivesville II, Marion County*

Kingston started attending Rivesville Head Start on January 3, 2019, his 3<sup>rd</sup> birthday. He came to the program with an IEP and he transitioned from the Birth to Three program.

Kingston was non-verbal, only using the word “no”. He was unable to follow any type of routine, participate in activities and would have a temper tantrum when he was asked to do a specified task or change activities. Kingston was not affectionate and preferred not to be touched. He was wearing a diaper and did not indicate when it was soiled. He did not interact with other children and preferred not to interact with the adults.

Today, Kingston is extremely verbal. He will express his needs, wants and shares his thoughts and feelings. He is beginning to interact with his peers. He is successfully using the bathroom. He loves to have hugs and has formed bonds with the teaching staff and peers and calls them by name. He still has tantrums when he does not want to follow directions but not as frequently. When he becomes frustrated, he will verbalize the reason. His play is purposeful.

Kingston’s family has been supportive and works well with the staff to encourage his development.

We feel the extreme changes in Kingston’s development and behavior is truly a success story.



## SUCCESS STORIES

To whom it may concern:

My name is Nikki Shelley. I am a parent of a student who attends East Fairmont High School Early Head Start. My daughter started attending in December of 2018. I enrolled her at this particular site at the recommendation of Birth to Three due to speech delay, developmental delay, and probable autism. In just the short six months attending, she has progressed immensely. My daughter's vocabulary has expanded so much. She will also now make eye contact, imitate others actions, and her attention span is much better.

Melissa, Jamie, and Alicia have been an absolute blessing to my daughter. They truly care about the children and you can tell that by their actions, and when they tell me about my daughter's day. It's so nice to have my daughter surrounded, taught, and cared for by such an outstanding and inspiring group of individuals.

This experience as a parent has been amazing. To see how far along my daughter has come in such a short period of time truly touches my heart. I can only hope and pray that the next classroom my daughter ends up in, she gets the utmost care as she has received here.

Sincerely,

Nikki Shelley

*Nikki Shelley 5/18/19*



