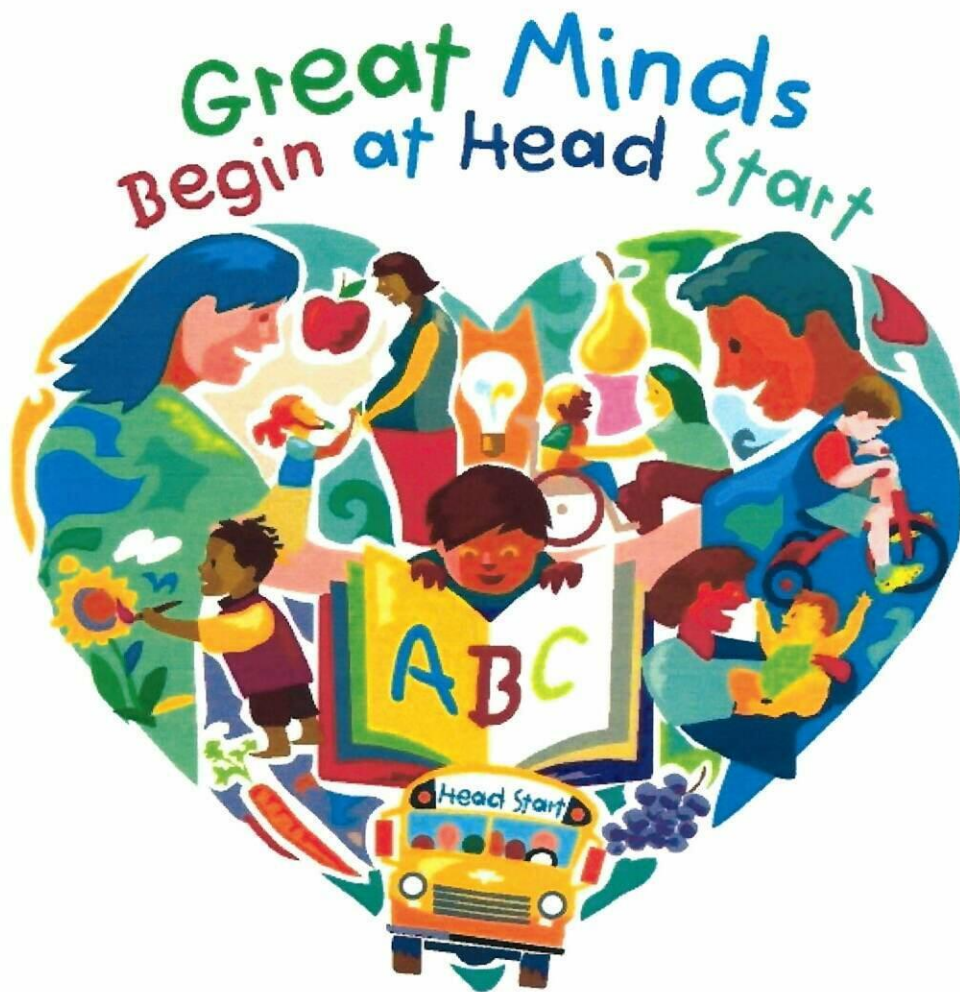
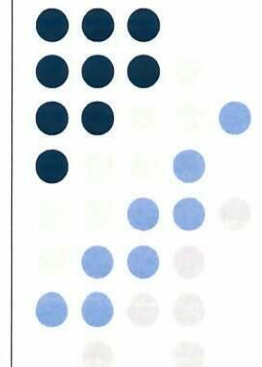




North Central WV Community Action Head Start/Early Head Start



north central west virginia
communityaction
Believing in *your* success!



2022-2023



Please accept this release of the PY57 Head Start/Early Head Start Annual Report for the period of July 1, 2022 through June 30, 2023. This is released on behalf of North Central WV Community Action Association, Inc. (NCWVCAA) Grantee for Head Start and Early Head Start and its Head Start Delegate, Monongalia County Board of Education.

NCWVCAA Early Head Start provides comprehensive services in center-based and home-based settings to prenatal families and families with children ages birth to three. Early Head Start was created to ensure that during these early years of a child's life, families were receiving what was needed for healthy growth and development. Health, mental health, education, nutrition, social, and family services are provided by NCWVCAA EHS to support this growth and development.

NCWVCAA Head Start and the Delegate Head Start Programs promote school readiness of preschool children ages three to five years of age in center-based classrooms. Individually and in collaboration with the County Board of Educations, NCWVCAA Head Start strives to improve quality education and comprehensive services that support children, families, and staff in our communities. Head Start children and families receive health, mental health, nutrition, and social services support. This system encourages parent involvement so that the children and families are prepared for a lifetime of learning.

Respectfully,

Roberta DeMarco

Roberta DeMarco

Children Services Director

Head Start and Early Head Start

NCWVCAA

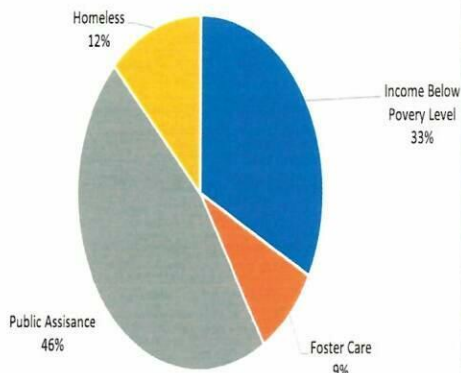
Please visit our new Head Start website with the QR code below or [Head Start / Early Head Start – NCWVCAA](#)



Enrollment

North Central West Virginia Community Action Association Inc. (NCWVCAA) Head Start/Early Head Start serves Barbour, Marion, Pocahontas, Preston, Randolph, Taylor, Tucker, and Webster Counties. NCWVCAA is the Grantee for one Delegate serving Monongalia County. The Grantee is funded to serve 545 Head Start Children and 76 Early Head Start Children while the Delegate is funded for 191 Head Start Enrollees.

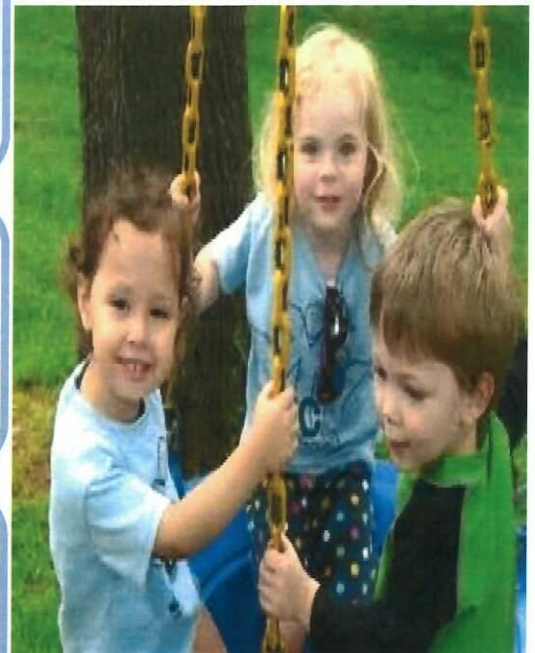
Types of Eligibility Head Start



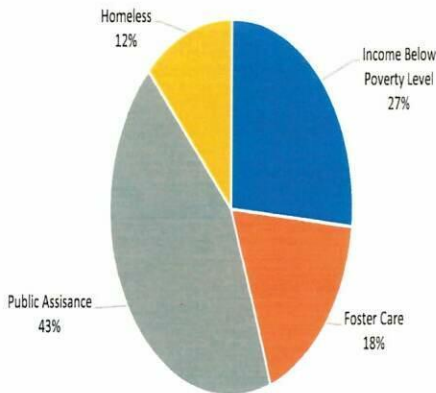
Head Start
605 Children
572 Families
Served

Delegate (HS)
219 Children
200 Families
Served

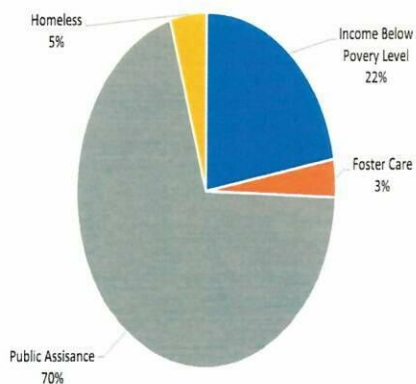
Early Head Start
89 Families
70 Children
5 Pregnant Women



Types of Eligibility in Early Head Start



Types of Eligibility Delegate (HS)



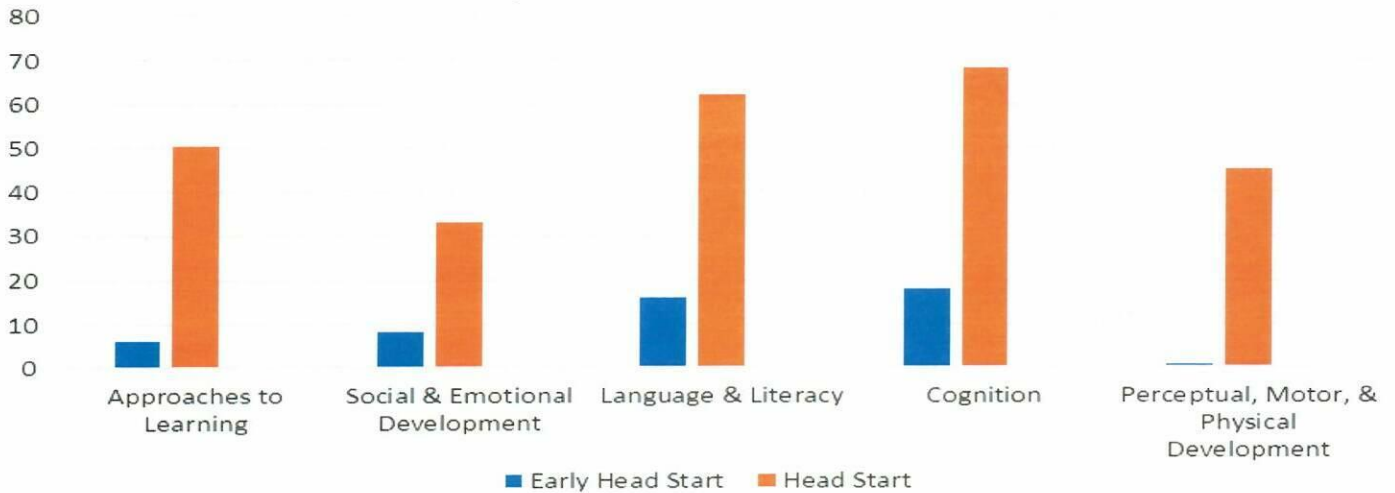
Mission

NCWVCAA Head Start/Early Head Start offers early childhood education opportunities and comprehensive services through collaborative partnerships that support children, families, and staff in our communities to meet the challenges of today and changes of tomorrow.

School Readiness Goals

<p>Perceptual, Motor, & Physical Development</p> <p>Children will demonstrate control and strength of small and large muscles through healthy nutrition and safe habits to encourage overall well-being.</p>	<p>Social & Emotional Development</p> <p>Children will display self-regulation and healthy attachments through nurturing relationships and safe environments.</p>	<p>Cognition</p> <p>Children will build on math and science skills in all environments to enhance reasoning and problem-solving capabilities.</p>	<p>Language & Communication</p> <p>Children will be provided literacy opportunities to enhance verbal and non-verbal communication skills.</p>	<p>Approaches to Learning</p> <p>Children will show interest in working with materials, activities, and information independently and cooperatively with peers.</p>
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NCWVCAA PY 57 Child Outcome Growth of School Readiness
Early Head Start and Head Start



Transitions to Kindergarten

Bump Up Day – Preschool children participate in a typical Kindergarten school day.

Teacher Swap - The Kindergarten teachers share a literacy experience.

Kindergarten Transition Meeting – The Kindergarten and PreK teachers share information.

CLASS:

16 out of 17 (97%) had a high fidelity in productivity

NCWVCAA Head Start/Early Head Start Parent Engagement Activities

During the PY57 (2022-2023) school year, the Family and Community Engagement Framework continued to serve as a road map for engaging children, families, and the community in the Head Start and Early Head Start programs.



Parent Committees

Each county/center/classroom held a minimum of 2 Parent Committee Meetings.

Representatives were elected for several leadership positions including Parent Committees, Policy Council, Advisories, and Leadership Teams.

Parent Committee members voted on such matters as planning Parent Engagement Events, choosing how to spend Parent/Child Activity monies, who would represent them at Policy Council, and other program activities.

Policy Council

Policy Council Members continued to be actively involved in all aspects of the program.

Their participation was vital during meetings for the review and approval of monthly financial statements, revised Policies and Procedures, Self-Assessment, Strategic Planning, the Community Needs Assessment, and other program planning goals and objectives.

Member attendance remained strong throughout the program year!

Advisories and Leadership Teams

The program continued to offer parents and community members the opportunity to participate on Education, Health, and Family and Community Engagement Advisories twice a year.

Members assisted the Program Specialists in the development/revision of Policies and Procedures and the analysis of service area data.

The School Readiness Leadership Team and Early Childhood Positive Behavior Implementation Support Leadership Team continued to have parental involvement throughout the year.

PY57 POLICY COUNCIL EXECUTIVE COMMITTEE

Sarah Dawson – Chairperson

Carol Sago – Vice Chairperson

Brian Feathers - Secretary



Parent & Family Engagement



Head Start and Early Head Start parents and caregivers were invited to attend several Parent Engagement Events held throughout the program year. These events are designed to provide not only an enjoyable opportunity for participants to socialize and learn new things with their own family, but with other program families as well! This year families joined in to:

- Learn about important topics such as positive parenting skills, child development, healthy eating, stress management, budgeting, and overall family well-being.
- Participate in family bonding activities like making holiday ornaments, building their own stuffed animals, pottery painting, cooking experiments, relay races, and science experiments.
- Engage fathers/male role models in a variety of activities like cooking, painting, active play, reading, gardening, and walking in community parades.



Parents Are Their Child's First Teacher

Head Start Family Resource Coordinators (FRCs) continued to offer parents/caregivers the opportunity to participate in a research-based parenting curriculum that encourages promoting children's learning and development alongside a positive behavior approach. All FRCs offered a minimum of two virtual Positive Parenting Program (Triple P) seminars to the families they serve. Early Head Start Family Educators (FEs) incorporated the Parents as Teachers curriculum into their weekly home visits with families.



The Parent, Family, and Community Engagement (PFCE) Framework and School Readiness Goals continued to be the driving force behind the Family and Community Engagement service area for PY57. Data collected from the Family Outcomes Assessment indicated that the program continued to meet the needs of Head Start and Early Head Start children and families.

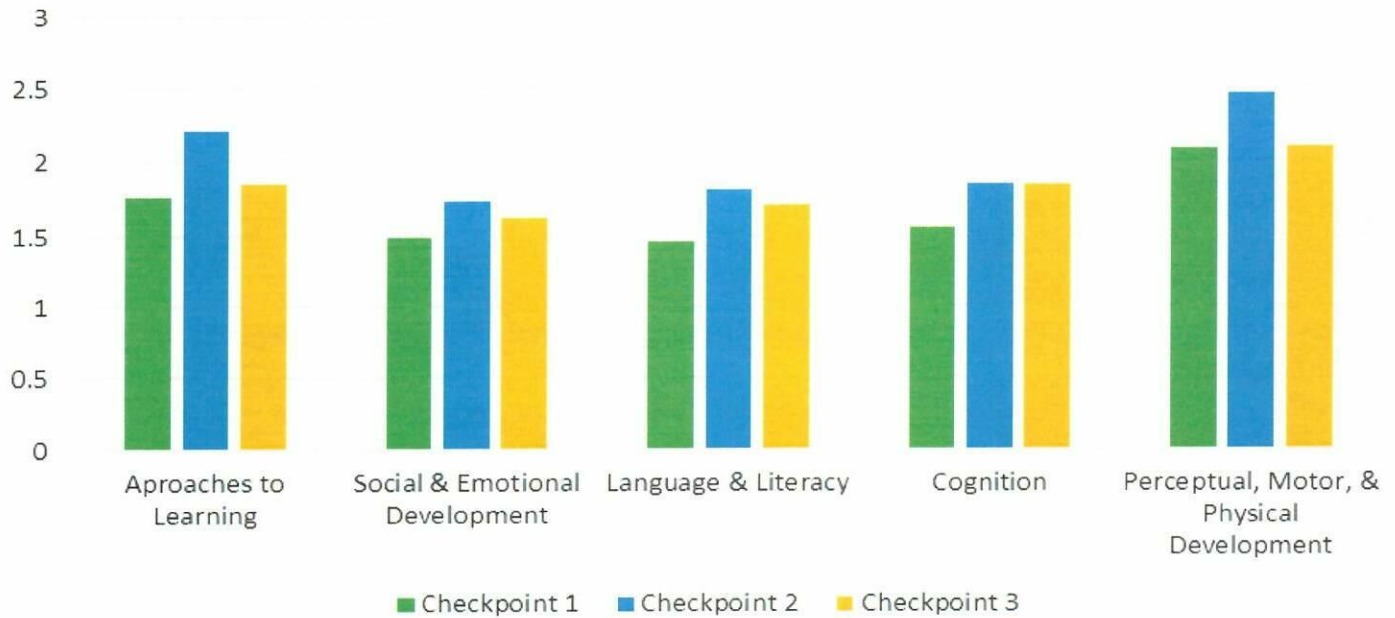
The Family Outcomes Assessment is a scaled assessment tool used to collect data about HS/EHS families in the following areas:

- Family Well-Being** – Housing, Health, Transportation, Financial Security, Employment, Food, Clothing
- Positive Parent/Child Relationships** – Nurturing Relationships, Child Development, Parenting Skills
- Families as Lifelong Educators** – Family Education at Home, School Readiness, Promoting Primary Languages
- Families as Learners** – Education, Training, Life Goals, Volunteering
- Family Engagement in Transitions** – Transitions to Kindergarten or other agencies
- Family Connection to Peers and Community** – Families and Communities
- Families as Advocates and Leaders** – Leadership and Advocacy

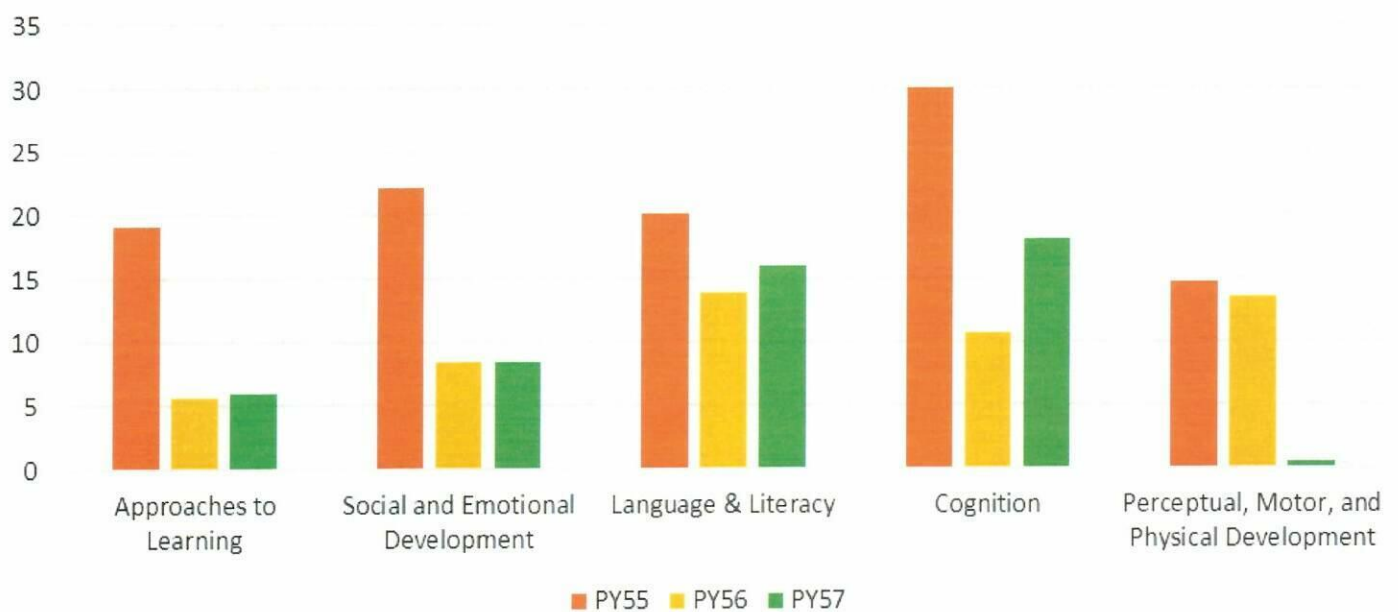
The assessment is completed three times per program year and analyzed on a five-point scale system to determine if a family falls below the prevention line indicating vulnerability or is moving towards stability by utilizing the following system: Vulnerable (1), In Crisis (2), Stable (3), Self-Sufficient (4), and Thriving (5). Gains are calculated by comparing results from the first and most recent assessments. Family and Community Engagement staff worked diligently throughout the year to ensure all families were reaching their highest potential!

EHS DATA

NCWVCAA Early Head Start Program Outcome Data PY 57

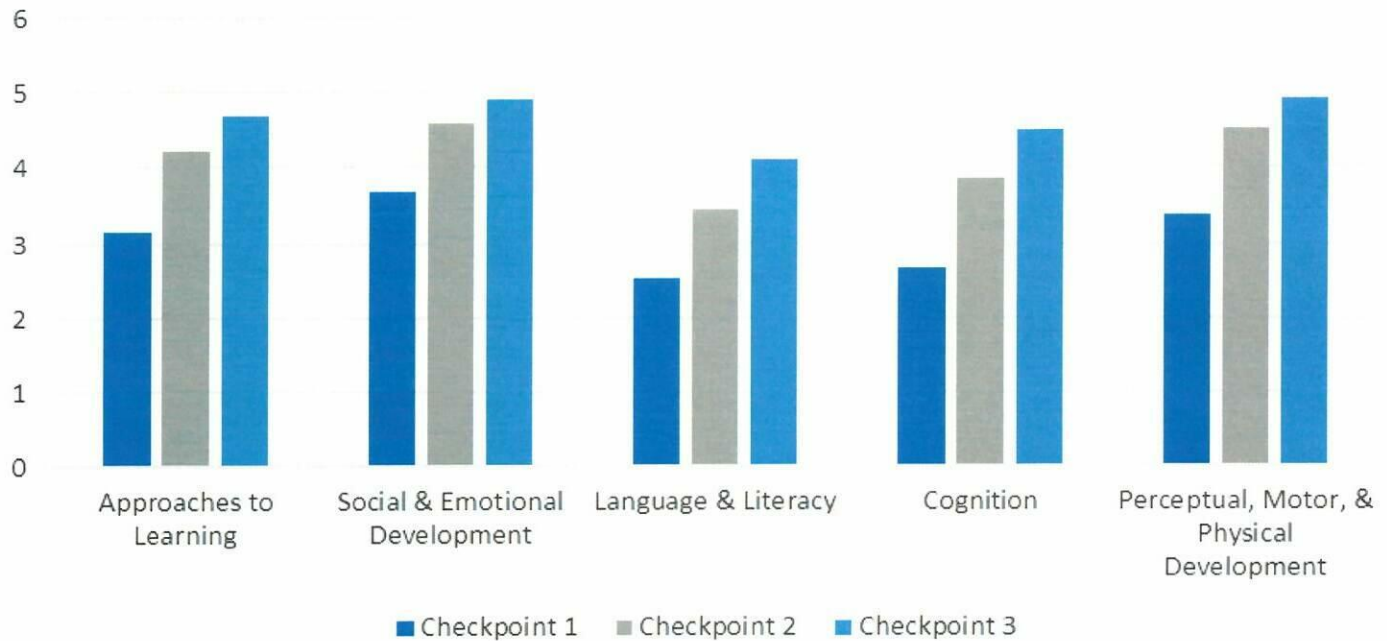


NCWVCAA Early Head Start Program Outcome Data PY 55, 56, 57

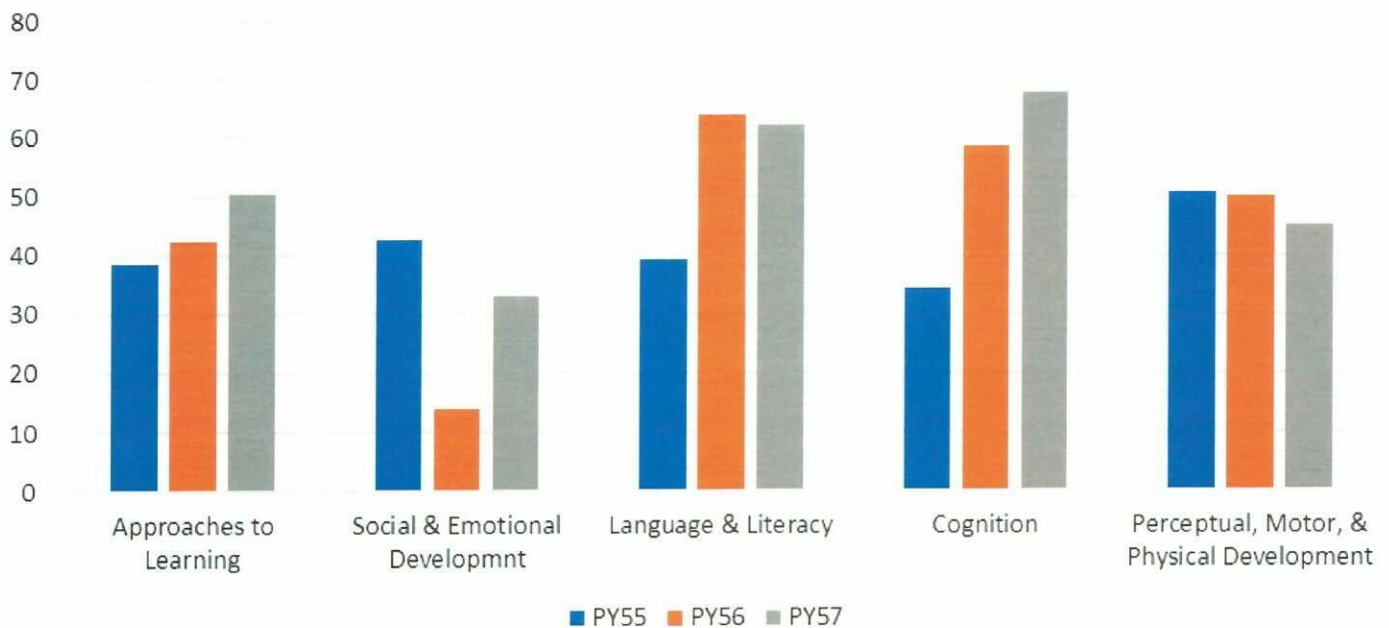


HS DATA

NCWVCAA Head Start Program Outcome Data PY 57



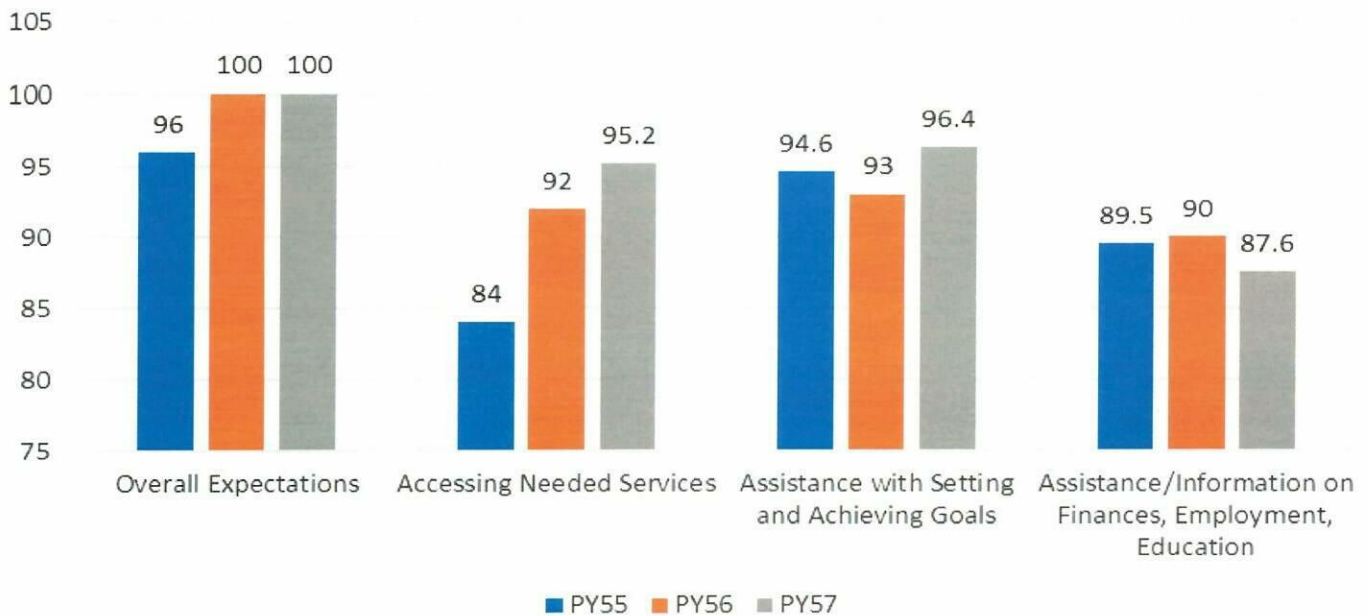
NCWVCAA Head Start Program Outcome Data PY 55, 56, 57



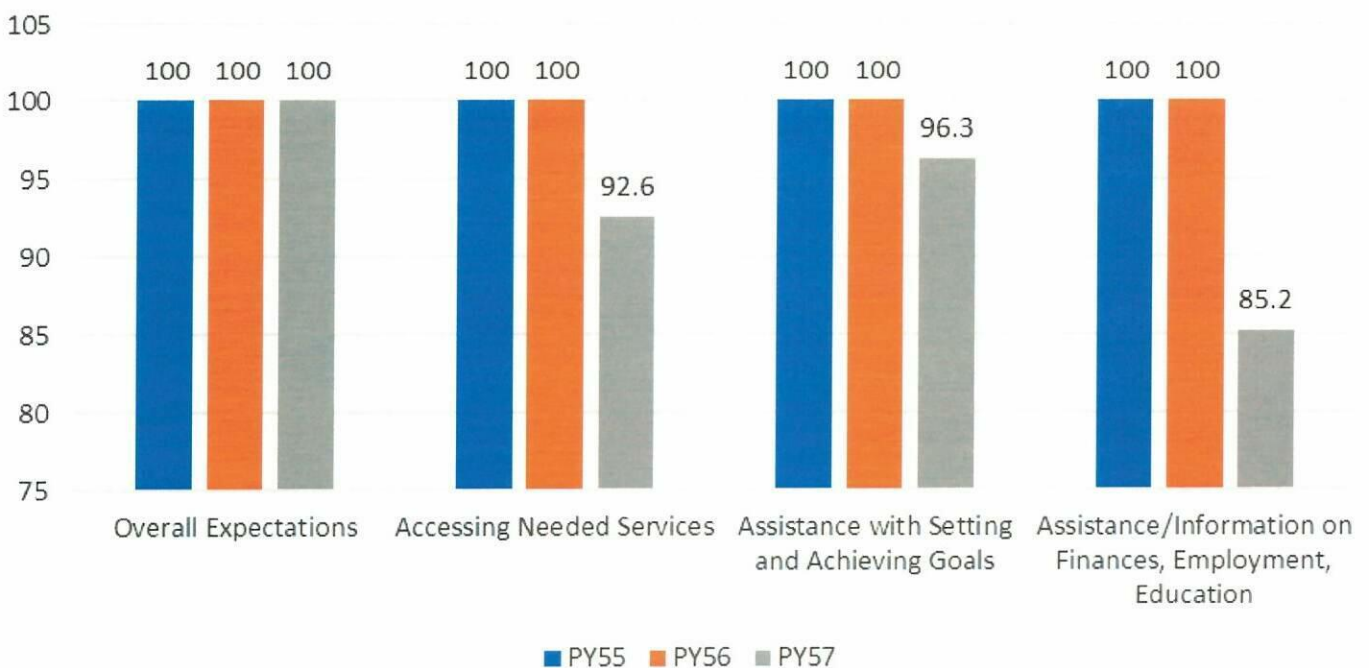
Family Satisfaction Survey

Family Satisfaction Survey data was collected for PY57 to ensure the program continues to meet the needs and interests of its' children and families in alignment with the PFCE Framework and School Readiness Goals. The following charts indicate the percentage of families reporting satisfaction in each category.

Head Start Family Satisfaction Survey PY55-57



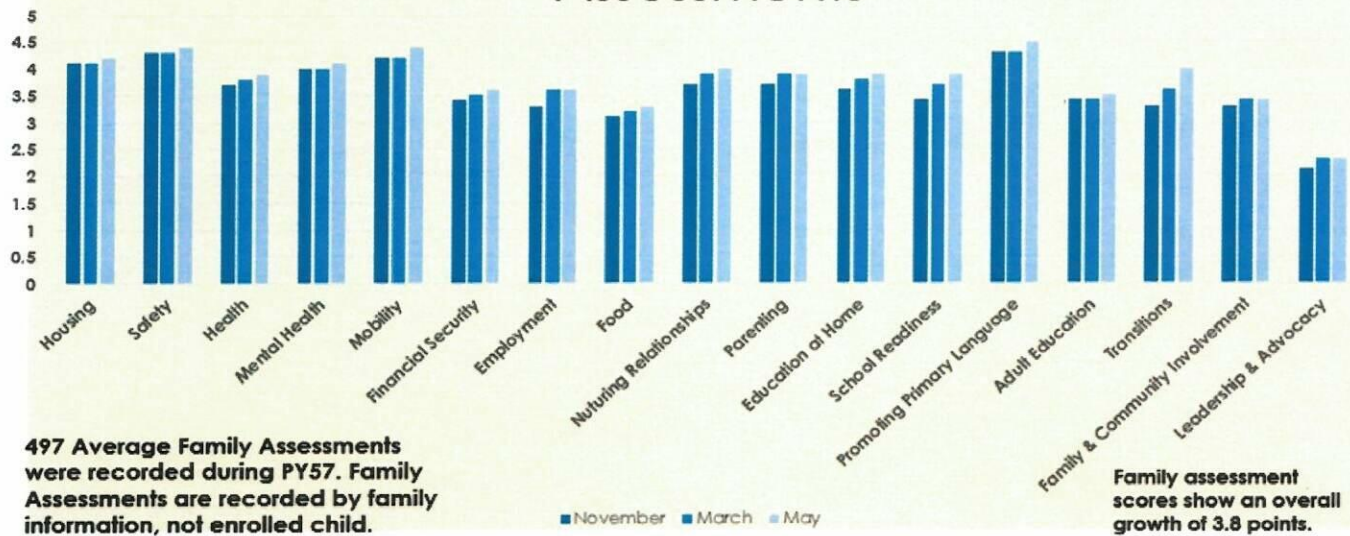
Early Head Start Family Satisfaction Survey PY55-57



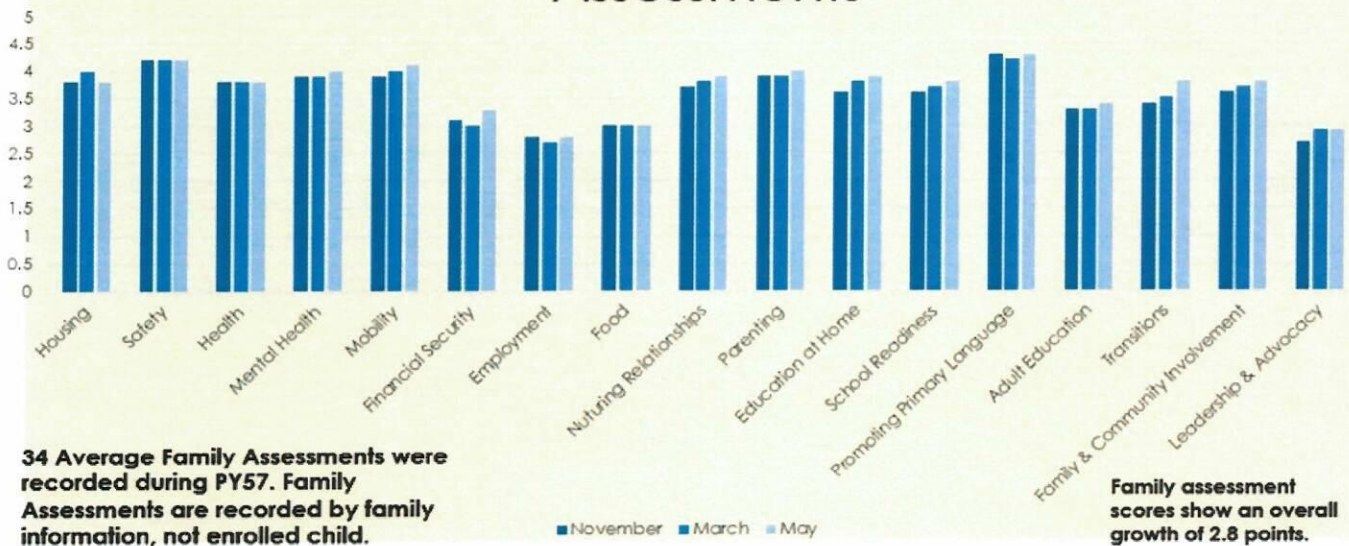
In other Interesting News...

Head Start and Early Head Start families continued to grow and flourish during the year as evidenced by the results of the PY57 Family Outcomes Assessments. Head Start family scores showed an overall growth of 3.8 points throughout the year, and Early Head Start family scores showed an overall growth of 2.8 points!

PY57 Head Start Family Outcomes Assessments



PY57 Early Head Start Family Outcomes Assessments



Delegate Family and Community Engagement

During the 2022-2023 school year, the program continues to take a multifaceted approach to family and community engagement including hosting parent engagement events, conducting monthly Parent Policy Committee Meetings, providing parent trainings based upon parent interests, facilitating fatherhood events, and participating in community events. In order to meet the needs of all parents, the program held Parent Meetings and Parent Policy Committee Meetings with an in-person and virtual option.

The program offered multiple family engagement activities that encourage strong family attachment during the program year. The program hosted events as well as collaborated with community agencies to offer activities specific to fathers as well and the complete family experience. Such activities included partnering with the Service League to host a gardening event that provided a hands-on experience with planting vegetables and a nutritional experience of using the vegetables in recipes.

<p style="text-align: center;"><u>Parent Policy Committee</u></p> <p>Monthly Meetings were conducted</p> <p>Trainings were provided upon parent interests</p> <p>Membership was made up of current parents for each center</p>	<p style="text-align: center;"><u>Fatherhood Events</u></p> <p>Events provide an opportunity for male involvement</p> <p>Encourage fathers to become actively engaged in their children’s education</p>
<p style="text-align: center;"><u>Family Engagement Events</u></p> <p>Engagement in activities that encourage a strong family attachment</p> <p>Events included: Safety Palooza, Botanical Gardens, and STEM Events</p>	<p style="text-align: center;"><u>Parent Trainings</u></p> <p>Training topics were determined by surveying parents interests</p> <p>Trainings included: Fiscal Literacy, Nutrition, Child Development, Social-Emotional Development, Housing</p>

The program continues to use data to support programmatic decisions through the Continuous Quality Improvement process. Data such as the Family Satisfaction Survey and Family Outcomes Assessment are key pieces of information when determining staff professional development, establishing new community partnerships, providing services to families, etc.

Total Volunteers - 173

Fatherhood Involvement – 72 Fathers volunteered during the Program Year.

Monongalia County

Head Start School Readiness Goals

Goal 1: Approaches to Learning

Play:
Quality and Attributes of Cooperative Play

The child will interact cooperatively with adults and other children.

Goal 2: Social & Emotional Development

Self-Regulation:
Social Problem Solving

Child will attempt to follow social problem-solving processes to resolve conflict independently.

Goal 3: Language & Communication/ Literacy

Phonological Awareness:
Language Manipulation

Child will demonstrate an awareness that language can be broken into words, syllables and smaller pieces of sound.

Goal 4: Perceptual, Motor, & Physical Development

Object Control & Manipulation:
Manipulation

The child will demonstrate fine muscle coordination.

Goal 5: Cognition

Scientific Inquiry:
Investigation

The child will use senses and a variety of tools to gather information, investigate materials, and observe relationships.



Delegate

Children – 219

Families Served – 200

Types of Eligibility

Income Below Poverty Level - 197

Foster Care - 3

Public Assistance - 7

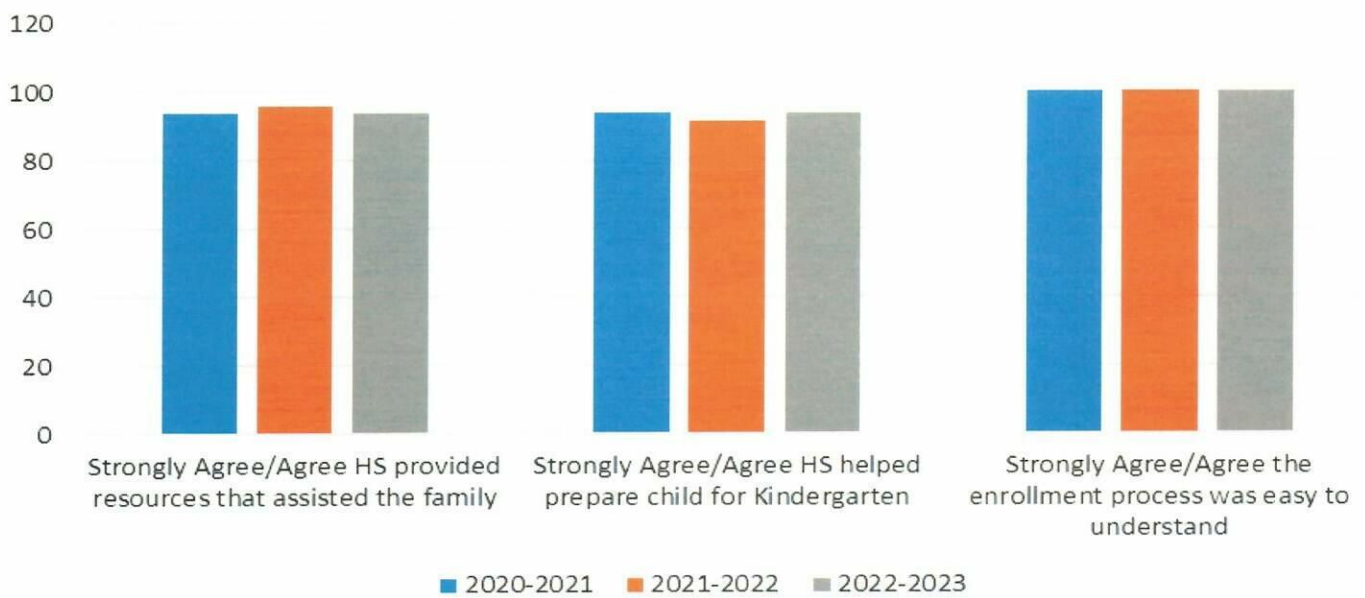
Homeless – 5

Income between 100-130% of Poverty Line – 5

Other - 2



Delegate Head Start Family Satisfaction Survey

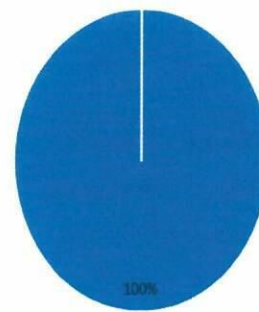


Funding

Delegate 100% of HS Eligible Applicants Enrolled



Delegate Percentage of HS Eligible Applicants Enrolled



■ Enrolled

Health & Wellness

Dental Exams

51.6% HS completed dental exams

72.1% Delegate (HS) completed dental exams

Medical Exams

76.2% EHS up to date on EPSDT

68.4% HS up to date on EPSDT

89.0% Delegate (HS) up to date on EPSDT

368 HS children at healthy weight

111 Delegate (HS) children at healthy weight



Our program maintains 40 playgrounds and Zero injuries have been reported due to unmaintained surfacing or equipment hazards. The program purchased classroom nutritional and garden resources such as wooden vegetable garden playset and fresh fruit salad playset for each of the Head Start classrooms.

Our program utilized Healthy Kids for two of our schools. Healthy Kids provides breakfast and lunches to our head start schools for the 2022-2023 school year.



The program utilizes the Choosy “Move and Learn System” which is an innovative approach to enhance overall curriculum by using music as a teaching tool and lyrics as a literacy resource for promoting physical activity, healthy nutrition, and oral health. Components of the system include classroom activities, music videos with Choosy, adventure stories, quality questions for supporting conversations, and family engagement /staff wellness goals and suggestions.



NCWVCAA services 13 Head Start and Early Head Start classrooms that participate in the WV Child and Adult Food Program (CACFP). When Monitored 13 out of 13 (100%) sites reviewed were compliant in CACFP/USDA requirements. The program provided 20,636 breakfasts, 20,146 lunches and 2,955 snacks for Head Start and Early Head Start children for 2022-2023.



Mental Health



Program Wide ECPBIS



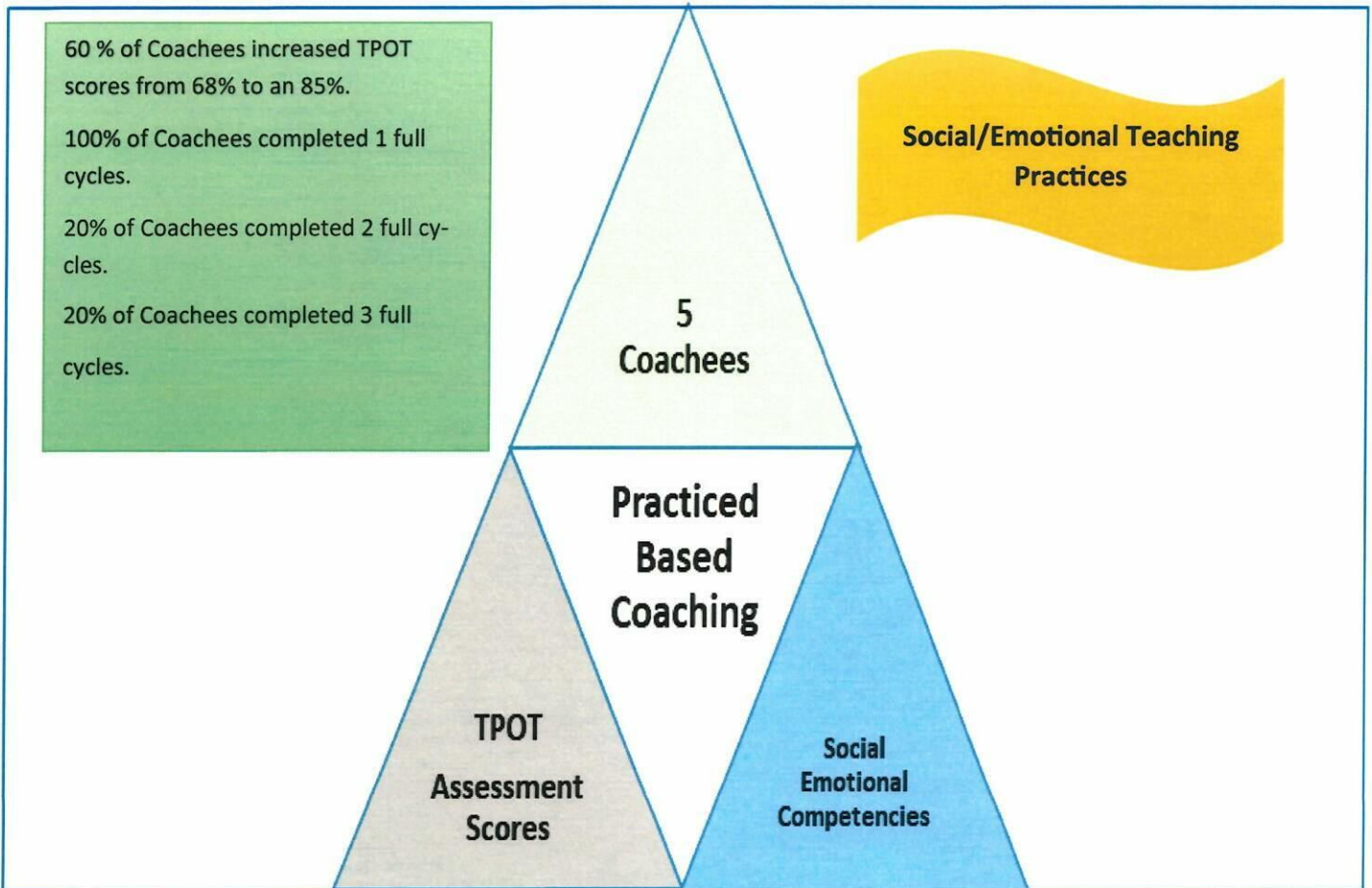
Early Childhood Program-Wide PBS Benchmarks of Quality data

Critical Elements in Place

73%

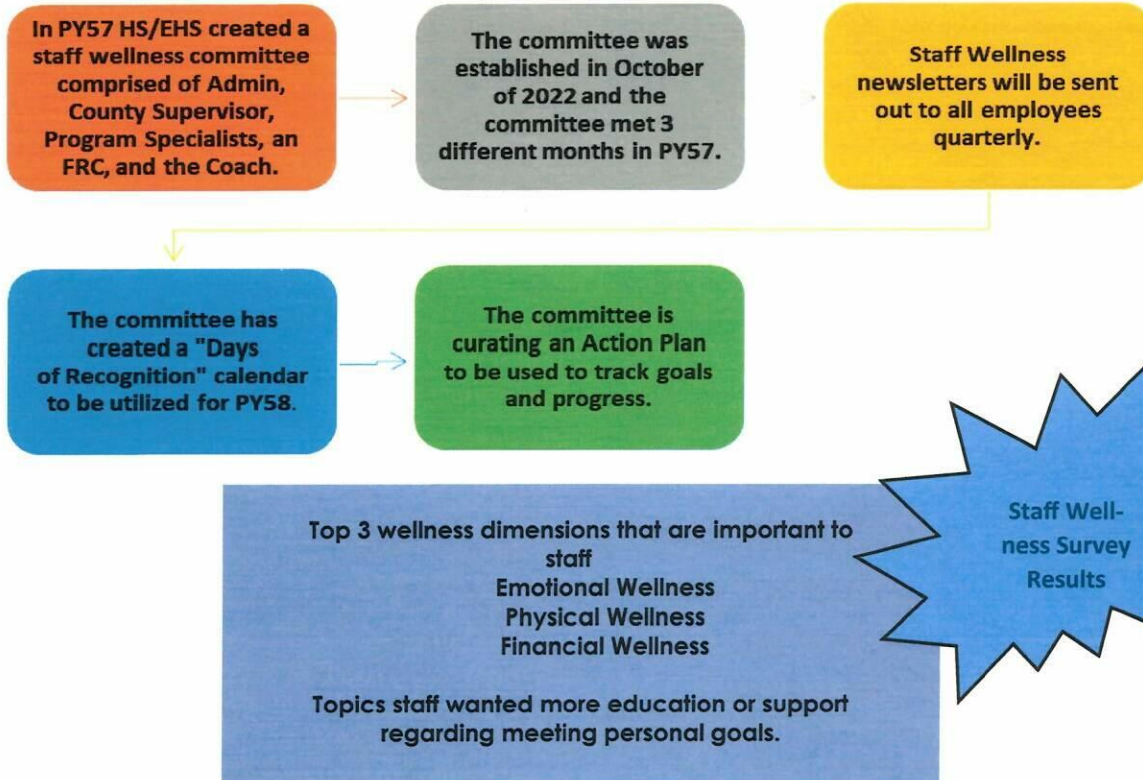
Critical Elements Partically in Place

27%





Staff Wellness



Extensions of Learning...Head Start in a Box Part 2

At the beginning of the 22-23 school year, NCWVCAA HS was to hold an early 2 week in school session for children. Due to meeting duration hours, the program could not hold in-person class. The funding was used to provide 545 families with a box of educational materials to use in the home. Each item was either representation of a learning domain, including each service area, a family activity, and health/safety item. Below are some highlights and results from the project.



Survey Says!

14 educational items including magna tiles, Play-Doh, musical instruments.

10 resources including attendance, health, nutrition, budgeting, and establishing routines.

3 health and safety items-toothbrush kit, CO2 detector and a digital thermometer

Parent Survey Results

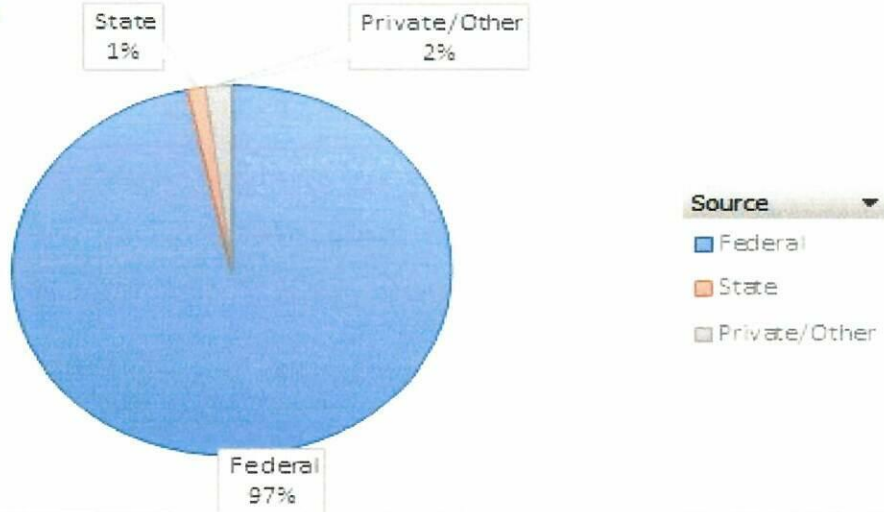
48% of families used materials 3 to 4 times/week

45% of families used materials 4 or more times/week

Families were asked to observe for new skills... here is what some stated: "Fine motor skills and letter recognition"; "His overall creativity"; "Counted higher with the blocks"; "shapes and colors", "names of different animals"; "how to share with siblings".

Grantee Funding

Sum of Amount



Federal	\$14,505,977.23
State	\$200,838.00
Private/Other	\$294,904.60
Grand Total	\$15,001,719.83

Direct Federally Funded Programs

Head Start
 Early Head Start
 Continuum of Care Program
 Emergency Food & Shelter
 VA Homeless Per Diem
 Supportive Services for Veterans Families

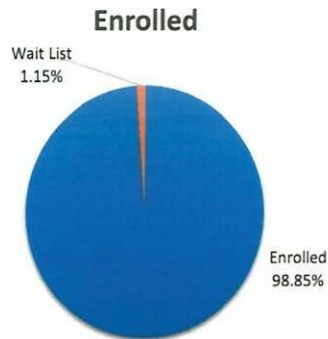
State or Federal Flow Through Funded Programs

Weatherization
 Community Services Block Grant
 Homeless Prevention & Rapid Re-Housing
 Homeless Shelter Grants
 Volunteer Income Tax Assistance Grant
 WV Housing Development Fund

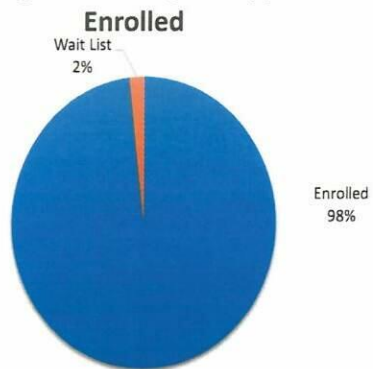
Private & Other Programs

Group Work Camp
 United Way
 Donations
 Low Income Housing Rental Income

Percentage of HS Eligible Applicants



Percentage of EHS Eligible Applicants



NCWVCAA Head Start/Early Head Start Executive Team

Patricia McFarland, NCWVCAA Executive Director

Chris Burky, Finance Director

Kim Martin, Human Resource Director

PY 57 BUDGET FOR ALL: HEAD START, EARLY HEAD START AND DELEGATE

	PROGRAM OPERATION	T&TA	TOTAL
PERSONNEL	\$ 5,060,414.00	\$ -	\$ 5,060,414.00
FRINGE BENEFITS	\$ 1,119,943.00	\$ -	\$ 1,119,943.00
TRAVEL	\$ 22,075.00	\$ 43,778.00	\$ 65,853.00
EQUIPMENT	\$ 301,247.00	\$ -	\$ 301,247.00
SUPPLIES	\$ 358,923.00	\$ 843.00	\$ 359,766.00
CONTRACTUAL	\$ 120,659.00	\$ 3,000.00	\$ 123,659.00
OTHER	\$ 690,611.00	\$ 44,066.00	\$ 734,677.00
INDIRECT COSTS	\$ 602,836.00	\$ -	\$ 602,836.00
TOTALS	\$ 8,276,708.00	\$ 91,687.00	\$ 8,368,395.00

PY 57 BUDGET FOR HEAD START

	PROGRAM OPERATION	T&TA	TOTAL
PERSONNEL	\$ 3,743,782.00	\$ -	\$ 3,743,782.00
FRINGE BENEFITS	\$ 786,194.00	\$ -	\$ 786,194.00
TRAVEL	\$ 18,650.00	\$ 22,952.00	\$ 41,602.00
EQUIPMENT	\$ 249,749.00	\$ -	\$ 249,749.00
SUPPLIES	\$ 194,944.00	\$ 561.00	\$ 195,505.00
CONTRACTUAL	\$ 98,900.00	\$ 2,500.00	\$ 101,400.00
OTHER	\$ 589,906.00	\$ 34,089.00	\$ 623,995.00
INDIRECT COSTS	\$ 511,887.00	\$ -	\$ 511,887.00
TOTALS	\$ 6,194,012.00	\$ 60,102.00	\$ 6,254,114.00

PY 57 BUDGET FOR EARLY HEAD START

	PROGRAM OPERATION	T&TA	TOTAL
PERSONNEL	\$ 455,607.00	\$ -	\$ 455,607.00
FRINGE BENEFITS	\$ 95,677.00	\$ -	\$ 95,677.00
TRAVEL	\$ 3,425.00	\$ 9,014.00	\$ 12,439.00
EQUIPMENT	\$ 51,498.00	\$ -	\$ 51,498.00
SUPPLIES	\$ 110,355.00	\$ 75.00	\$ 110,430.00
CONTRACTUAL	\$ 6,767.00	\$ 500.00	\$ 7,267.00
OTHER	\$ 64,485.00	\$ 4,825.00	\$ 69,310.00
INDIRECT COSTS	\$ 62,295.00	\$ -	\$ 62,295.00
TOTALS	\$ 850,109.00	\$ 14,414.00	\$ 864,523.00